

Pre-Conference Workshop on Field Camp Wellness and Risk Management
Dr Kurt Eifling — Sunday 20 September 2020 St Hugh's College

Field seasons carry inherent risks for the research team and all those who join a field research project will encounter some variety of hazards. It is therefore the ethical duty of leaders in the field to control the hazards of a field season through a structured, deliberate process. The overall goal of this is to keep the research team focused, safe, and productive in the field.

The purpose of this workshop is to introduce field researchers to a structured approach to risk management for the field season, with respect to the tasks to be done before, during, and after the trip. The workshop will consist of the following one-hour sessions:

- Introduction to risk management frameworks from military, outdoors education, and medical communities
- A culture of safety, including lessons from the commercial aviation community
- An overview of wellness-related tasks before, during, and after a field season
- Pre-trip medical planning and individual preparations, as practised in small units in the US Marine Corps
- Best practices for building a camp that provides safe drinking water and latrines
- First aid kits, and medical practice guidelines for how to manage wounds and heat-related illnesses
- Follow-up tasks to be done after the field season is complete, with a focus on mental health and reintegration

Participants will work through exercises in pairs and small groups to discuss their strategies for the upcoming season. All participants will be provided with a workbook and calendar to take home with them in order to help integrate lessons from the workshop into their field preparations.

The workshop's content is built for early-career researchers; the interactive structure allows participants of all experience levels to learn from one another.

Maximum number: 18 Participants

Cost: £ 30.00 (to be included in payment of conference registration fees)

Information pour nos collègues francophones: Malheureusement, cette session est seulement disponible en anglais. Si vous souhaitez participer vous devez être capable de comprendre et parler très bien l'anglais.

Biography: Kurt Eifling MD is an emergency medicine physician and Fellow of the Academy of Wilderness Medicine. He served in the US Navy, providing care at field camps for the US Marine Corps in Djibouti and Afghanistan, and has spent over two years living in military and civilian field camps, providing routine and emergency care. He is currently serving as Emergency Medical Services Director for the Institute for Field Research and has 10 years experience developing clinical practice guidelines with the Wilderness Medical Society.